

Pil Primary School  
Pyle Inn Way  
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16<sup>th</sup> September 2021

Dear Parents, Carers

National Fitness Day 2021 will take place on **Wednesday 22<sup>nd</sup> September 2021**. This is a chance to highlight the role physical activity plays in our life and raise the importance of living a fit and healthy lifestyle.

All pupils are asked to come to school dressed in kit on the day and wearing no jewellery in preparation for physical activities to take place. We are in the process of planning a range of fun activities in each class and will share highlights of the day on both Twitter and in our newsletter.

Yours Sincerely

Mrs Casey-Haimes

